

LifeSkills Program

The *LifeSkills Training Parenting Program* will be presented at St. Michael the Archangel Catholic Church in Crowley, La.

The *LifeSkills Parenting Program* is designed to help parents strengthen communication with their children and teach their children skills that help them resist the threats of tobacco, drugs, and violence. These tools help parents prepare their children for a successful transition from adolescence to early adulthood.

The LifeSkills Parenting Program will be presented over a three week period. The components presented are an overview of issues relating to adolescent drug abuse; information on how to be a good role model; ways to convey a clear anti-drug message, and tips for effective family communication and parental monitoring; information and engaging activities to help children develop personal self-management and social skills; and offers a comprehensive listing of resources to help parents seek out additional information.



Where

St. Michael the Archangel Parish Hall
211 W. Hutchinson Avenue
Crowley, Louisiana



Time

6:00 p.m. to 8:00 p.m.

When

Session 1: Tuesday, September 11, 2012

Family Communication
Parental Monitoring:
Bullying, Substance Abuse, Internet

Session 2: Tuesday, September 18, 2012

Use of Appropriate and Consistent Discipline
Taking a Clear Stand on Drugs

Session 3: Tuesday, September 25, 2012

Being a Good Role Model
Resources, Safe Environment Tips

****Note: May be used for Continuing Education Credit for Safe Environment**

